



Ms. Kshipra M Psychologist

Experience - 8 Years

Degree - M A Clinical Psychology, Diploma in Counselling

Certification - Certified Adolescent Sexual Counselor, Certified Forensic Psychologist, Certified Graphologist,

Ms Kshipra M is a highly experienced and versatile psychologist and graphologist with a diverse background in private practice, academic settings, and counseling roles. Since starting in 2017, she has developed expertise in psychological assessment & therapy and has supported clients from various backgrounds. She adopts an eclectic approach to treatment, combining various techniques while placing a strong emphasis on Cognitive-Behavioral therapy & a Client-centered approach. Her 7+ years of experience is spread across various levels. Having also background in educational settings specifically for Psychology she understands the student's needs of Psychology also well.



MindSight

WE ARE HERE TO HEAR

MINDSIGHT CLINIC PUNE



Ms. Kruttika Joshi

Counselling Psychologist

Experience - 6+ years in Counselling & Psychotherapy

Degree-

- MA In Expressive Movement Psychotherapy

- PG Diploma In Counselling

- Certification - Expressive Arts and Counselling

Children & Adolescent Counselling-(Tairas MentalHealthcare, Pune)

Certification in Dance/Movement Therapy -Level 1 (CID,International

Council of Dance, Paris) Roger's Client-Centred Humanistic Therapy (

Heart to HeartCounselling)

Blending her expertise from Psychology and Dance together. With over a 6 years of experience she follows psycho somatic healing and body mind integration technique where she integrates expressive arts into counselling customised and tailored to individual needs according to the client population right from children and adolescents to young adults. She follows a Client Centred Approach and blends the humanistic theory with expressive arts to have a holistic healing.



MindSight

WE ARE HERE TO HEAR

MINDSIGHT CLINIC PUNE



Ms. JAINI NANDU

Owner & Founder of Mindsight Clinic

Experience - 7+ years

Qualification : • Currently Pursing in Ph.D. in psychology from Greenwich University, • Masters in health Psychology (kings Colleges), • Masters in clinical Psychology from Himalayan Garhwal University, • Masters in counseling psychology IGNOU, • Master Practitioner • Art Therapy Course from British Association of Art Therapists, • Level 3 EFT Practitioner Course from AAMET University, • Matrix Reimprinting from Karl Dawson, • Practioner Gestalt Course –TTGLS, • REBT from Albert Ellis University.

Certification : • Art Therapy Course from British Association of Art Therapists, • Level 3 EFT Practitioner Course from AAMET University, • Matrix Reimprinting from Karl Dawson, • Practioner Gestalt Course –TTGLS, • REBT from Albert Ellis University.

Jaini Savla is a Health and Professional Psychologist. Through her studies she can help people to overcome any obstacles in their professional and personal life to achieving their full potential.

She has experience of 7+ years .